

## Skill Progression Videos

How many people do you need?

Equipment needed?

What angle or angles would be best?

Individual skill video:

Partner activity video:

Small group activity video:

Game or Game-Like activity video:

## Skill Progression Videos

### **EXAMPLE**

Individual skill video:

- A video of a person kicking a soccer ball against the wall
- Back view, side view
- Step next to the ball

Partner activity video:

- 2 people passing a soccer ball using the correct form as demonstrated in the first video
- Close-ups, and wide angles

Small group activity video:

- 3 v 1 keep away
- Focusing on lead passes and keeping the ball on the ground

Game or Game-Like activity video:

- Game: Cone soccer
- Hit the other teams cone for 1 point, knock it over for 2 points
- May not go inside the hoop to protect your cone